RIKU provides services for all victims of human trafficking and other forms of labour exploitation

Did you or your close one experience any of the following?

• Is someone pressuring you to do something illegal or something else you don’t want to do?
• Is someone (for example spouse, relative, employer) controlling what you do or your communication with others?
• Have you been told that you owe someone money for coming to Finland or did you already pay someone?
• Have you been told that you will be deported or lose your residence permit if you don’t obey?
• Is someone threatening you with sharing personal information about you?
• Are you afraid that for example your employer or spouse would cause you or your close ones harm if you disagree with them or leave the job or the relationship?

• Were you misled about what work you came to do or under what conditions?
• Were you promised a higher salary than what you are actually being paid?
• Do you regularly work more than five days a week or more than 8 hours a day without extra pay?
• Has someone taken debts in your name or made you sign documents that you didn’t understand?
• Is someone using your bank account or controlling your finances?

If you answered yes to one or many of these questions, please contact help@riku.fi in any language or contact one of the numbers on riku.fi/trafficking.

040 632 9293

Victim Support Finland (RIKU) guides and supports crime victims, their close ones and witnesses of crime.
Contact us if:
- you are a victim of a crime
- you have witnessed a crime
- your close one is a victim of a crime
- you suspect you are a victim of a crime and want to discuss your experiences and/or get practical advice.

Our services are fully confidential. You can contact us by phone or online – also anonymously. You can also request a face to face meeting at one of our offices. We will not give information about your case to anyone without your consent.

**ONLINE**

- **RIKU’s offices around Finland** provide support free of cost. We can use an interpreter who is bound by strict confidentiality. Contact information on [riku.fi](http://riku.fi).

- You can also ask for a support person, who can meet with you, discuss and provide practical advice. They can also go with you to the police station or to court.

- **RIKUchat** is a real time service mostly in Finnish. [riki.fi](http://riki.fi)

- **Riku.fi** website provides information in different languages about RIKU and about the criminal process.

- Email help@riku.fi for support and advice if you suspect human trafficking or labour exploitation. You can write in your own language.

**BY PHONE**

- **NATIONAL HELPLINE 116 006**  
  Mon–Fri 9 AM to 8 PM (mostly in Finnish)

- **Legal Advice Helpline 0800 161 177**  
  Mon–Thu 5 PM to 7 PM (in Finnish)

**FACE TO FACE**

- RIKU is a non-governmental organisation (NGO) with no political or religious affiliations.

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